

On MiEN's Web site [www.mindfuled.edu](http://www.mindfuled.edu):

Information about MiEN's listserv

News of workshops, conferences and other events related to mindfulness in education

Articles and papers related to mindfulness in education

Links to other organizations supporting mindfulness in education and to Web sites with additional helpful resources including free mindfulness clock software for pc's

**MINDFULNESS:** the energy and power of awareness and attention, present as a potential in all human beings

**OUR VISION:** A world where people find and share joy, peace and understanding through their practice of mindfulness

**OUR MISSION:** To support and cultivate the practice of mindfulness in educational settings



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