

Glossary

Absolute – The First Gate in the Attunement Dimension and is the emotional relationship to oneself

Abstract – Fifth Gate in the Perceptual Dimension, approx. from age twelve to adulthood

Affiliated Minds – The Fourth Gate in the Mindfulness Dimension and is a person who is connecting with groups based on concepts, rituals and mores.

Attachment and Loss Scale – Model designed by Dr. Meyer to measure the developmental stages of Cognition, Attachment and Moral Development from age one to adulthood.

Attunement – The resonance of energy and information between people

Bubble – space which provides primitive and initial physiological security and psychological safety.

Bubble Dweller – The first Gate in the Mindfulness Dimension and is a person who requires a safe haven from external world.

Collateral Closet – A classroom closet with school supplies: pencils, pens, color pencils, paper, textbooks, chapter books and lesson plans.

Completion Table – a table situated in the room next to the teacher's desk. If the student comes to class without assigned homework, they go to the table to complete it.

Concrete – Third Gate in the Perceptual Dimension, approx. from age two to age six

Consciousness – developmental levels which one is alert and responsive to oneself and to one's environment.

Core – First Gate in the Perceptual Dimension, approximately in utero to age one.

Daily Check-up – a 3 x 5 card that outlines a human body

Developing Mind - "The mind emerges from the activity of the brain, whose structure and function are directly shaped by interpersonal experiences." (Seigel, 1999. The Developing Mind: How relationships and the brain interact to shape who we are)

Dyadic – The Second Gate in the Attunement Dimension and is the emotional relationship between oneself and his/her primary significant other.

Four Mind Habits – Four habits that can improve cognition: Persistence to Completion, Impulsivity to Concentration, Concrete Thinking to Reflective Thinking and Rigidity to Flexibility.

Gates - The archway approached with tools learned from previous gates to help to walk on a path on which we do not know and yet have the courage and curiosity to walk continuously on the path. Willingness to change and reshape our thoughts, emotions and consciousness. Along the way, we reassess our old habits, repair our perceptions and acquire new visions that are helpful for growth on the well-worn path.

Generalization – Fourth Gate in the Perceptual Dimension, approx, from age six to age twelve

Global Minds – The Fifth Gate in the Mindfulness Dimension and is a person who is connecting based on universal mores throughout the world.

Group – The Fourth Gate in the Attunement Dimension and is the emotional relationship to two or more with common affiliations.

Hidden Regulators – Preferences for highly specific sensory features in a significant other. It includes all the various sensory modalities: auditory, olfactory, temperature, visual, taste and movement (M. Hofer, 1984, 1996, 2005)

Imitation – Second Gate in the Perceptual Dimension, approximately from age one to age two.

Integrated Dynamic Learning Rubric – three dimensions of the mind: perception, attunement and mindfulness. Each dimension is divided into six levels of developmental levels. Each dimension has measurable items to help teachers to develop lesson plans to promote growth in cognition, social relatedness and social mores.

Integrated Dynamic Learning Tribal Pods – a cluster of students within a classroom that create a team for learning. The learning styles of the students within the cluster are heterogeneous in order to promote empathy, cooperation and support among students.

Mindfulness –Intentional consciousness of being alert moment by moment

Neuropsychological - The branch of psychology that deals with the relationship between the nervous system, especially the brain, and cerebral or mental functions such as language, memory and perception.

Nonattachment – The ability to be aware of all conditions within one's self and environment without grasping, judging and/or resisting.

Nondual Minds – The Sixth Gate in the Mindfulness Dimension and is a person who is able to see the common seeds and feel the universal vibrations in all things.

Parallel Minds – The second Gate in the Mindfulness Dimension and is a person who responds through side-by-side relatedness.

Perception – is the recognition and interpretation of sensory stimuli and the person's ability to organize his experiences.

Practicing Minds – The third Gate in the Mindfulness Dimension and is a person who is rehearsing concepts, rituals and mores.

Progressive Mindfulness Protocol (PMP) – Model founded on developmental, neurological, and psychological research. This Model is based on the notion that each developmental stage contributes to the growth of the next developmental stage. All growth or development is continuous, and electrified by spontaneous connection of necessary and sufficient conditions for change.

Rumbling – A technique used to assist students to refocus and to calm. Crossing the arms, the students alternate patting on their legs.

Self-Directed Learner Scale – A score given by a teacher based on a student's growth throughout the academic year. It is based on Four Mind Habits.

Smiley Face – a sticker of a smile attached to the door frame of a classroom. The smiley face is touched by each student as they enter the room for grounding.

Triadic – The Third Gate in the Attunement Dimension and is the emotional relationship between oneself and his/her secondary caregivers.

Ultimate – The Sixth Gate in the Attunement Dimension and is interconnectedness without grasping.

World – The Fifth Gate in the Attunement Dimension and is the emotional relationship to all beings based on common causes.

Quantum – Six Gate in the Perceptual Dimension